



Name: \_\_\_\_\_ Role:  Athlete  Partner  
Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Mailing address: \_\_\_\_\_

**Individual Events**

*(Please select how you completed the event)*

50 Meter	<input type="checkbox"/> Run <input type="checkbox"/> Walk <input type="checkbox"/> Roll	Time: _____ : _____ : _____ (mm:ss.ms)
100 Meter	<input type="checkbox"/> Run <input type="checkbox"/> Walk <input type="checkbox"/> Roll	Time: _____ : _____ : _____ (mm:ss.ms)
1 Mile	<input type="checkbox"/> Run <input type="checkbox"/> Walk <input type="checkbox"/> Roll	Time: _____ : _____ : _____ (hh:mm:ss)
5K	<input type="checkbox"/> Run <input type="checkbox"/> Walk <input type="checkbox"/> Roll	Time: _____ : _____ : _____ (mm:ss.ms)
25M W/C Race	<input type="checkbox"/> Manual W/C <input type="checkbox"/> Powered W/C	Time: _____ : _____ : _____ (mm:ss.ms)
Standing Long Jump	<input type="checkbox"/> Yards <input type="checkbox"/> Meters	Distance: _____ . _____
Tennis Ball Throw	<input type="checkbox"/> Yards <input type="checkbox"/> Meters	Distance: _____ . _____
W/C Tennis Ball Throw	<input type="checkbox"/> Yards <input type="checkbox"/> Meters	Distance: _____ . _____

**Team Events**

**Team Name:** \_\_\_\_\_ **Total Time:** \_\_\_\_\_ : \_\_\_\_\_ . \_\_\_\_\_ (mm:ss.ms)

5K Unified Team

1. Athlete Name \_\_\_\_\_ 1. Time: \_\_\_\_\_ : \_\_\_\_\_ . \_\_\_\_\_ (mm:ss.ms)

2. Partner Name \_\_\_\_\_ 2. Time: \_\_\_\_\_ : \_\_\_\_\_ . \_\_\_\_\_ (mm:ss.ms)

**Team Name:** \_\_\_\_\_ **Total Time:** \_\_\_\_\_ : \_\_\_\_\_ . \_\_\_\_\_ (mm:ss.ms)

1 Mile Unified Team

1. Athlete Name \_\_\_\_\_ 1. Time: \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_ (mm:ss.ms)

2. Partner Name \_\_\_\_\_ 2. Time: \_\_\_\_\_ : \_\_\_\_\_ : \_\_\_\_\_ (mm:ss.ms)

Please turn in Scorecard by March 22, 2021 deadline to [sports@soor.org](mailto:sports@soor.org)

